



## Curricular Practical Training (CPT) /Optional Practical Training (OPT)

An F1 student may only work when authorized by a GHI in some cases, and [U.S. Citizenship and Immigration Services \(USCIS\)](#) in others. If you choose to work without authorization, you will be forced to leave the United States immediately, and you may not be able to re-enter the United States at a later date.

F1 students are eligible for curricular practical training (CPT) at either the undergraduate or the graduate level during the program of study. CPT employment must be an integral part of an established curriculum, and the position must directly relate to your major area of study. The GHI department can give you the school's policy on this option.

F1 students are also eligible for optional practical training (OPT) during or following the program of study. OPT is a form of temporary employment that directly relates to your program of study.

For more information about employment and training options available for F-students, visit the [Working in the United States page](#) and talk with GHI ([ghi@samuelmerritt.edu](mailto:ghi@samuelmerritt.edu) )